

Let's Talk Dental Health

Your Smile and Overall Health



Presented by:

Cristina Macasaet

SGPRC's Dental Coordinator

Topics to Be Discussed:

- ✓ Oral health and its connection to heart disease and diabetes
- ✓ Why your food & drink choices matter
- ✓ Let's talk sugar: protect your teeth & overall health
- ✓ Overcoming dental anxiety: feel more comfortable at the dentist

[Click Here to Join Us On Zoom!](#)

Meeting ID: 863 6353 6941

(No RSVP and No Zoom Password Required)

Thursday, July 23, 2026 5:00 PM – 6:00 PM

For more information:

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