



Healthy
Irwindale

EAT WELL ♦ LIVE WELL ♦ BE WELL

Adult Fitness Class



Inclusive Zumba

Inclusive Zumba is a beginner level, adaptive class for individuals with or without disabilities. All are welcome!



Dan Diaz Recreation Center
16053 Calle de Paseo
Irwindale, CA 91706
626-430-2224
www.irwindaleca.gov

CLASS DAY: MONDAYS

**CLASS DATES:
JUNE 1, 2026 - AUGUST 3, 2026**

**CLASS TIME:
10:00AM-10:45AM**

**CLASS LOCATION:
IRWINDALE PARK PLAZA**

Important information on
the back of this flyer.



#iRecROCKS



Register at the Dan Diaz Recreation Center

**CLASS LED BY:
KARLA FLORES**



Registration Fees

Residents*: Free

Non-Residents: \$30.00

Registration Dates:

Residents*

Monday, May 18, 2026 - Saturday, May 30, 2026

Non-Residents

Tuesday, May 26, 2026 - Saturday, May 30, 2026

(Must be a minimum of 4 students for class to begin.)

For individuals served by San Gabriel/Pomona Regional Center wishing to utilize Social Recreation funding for this class, please contact your Service Coordinator and provide the City of Irwindale's Vendor #PP2322.

*VALID Resident ID Card or Irwindale City Employee Card required for persons wishing to register as an Irwindale Resident.

Must be 18yrs or older to register.

This course will take place at the Dan Diaz Recreation Center Park Plaza.

Don't forget to bring your water and athletic shoes.



For accommodation requests, please contact Luana Acuña at 626-430-2297.



PARA OBTENER INFORMACIÓN EN ESPAÑOL SOBRE ESTE FOLLETO O CUALQUIER OTRO PROGRAMA, CLASE, VIAJE, O EVENTO QUE OFRECEMOS, LLAME AL 626.430.2224 DE 3:00 P.M. A 6:00 P.M.

For more information, please contact the Dan Diaz Recreation Center 626-430-2224

Dan Diaz Recreation Center
Hours of Operation
Mon & Wed 6am - 9am
Mon - Thurs 11am - 8pm
Friday 11am - 7pm
Saturday 10am - 4pm



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