




The Los Angeles County Department of Mental Health is hosting events near you! Come & enjoy:

-  Free community resources
-  Free food, music & giveaways
-  Meditation & other wellness activities



JOIN US!

2026

FOR FREE EVENTS

THURSDAY, MAY 28, 2026
10:00 A.M. – 2:00 P.M.

Service Area 3
Pasadena City College
(The Quad)
1570 E. Colorado Blvd., Pasadena

In partnership with:



For ADA inquiries, please contact:
takeactionevents@calmhsa.org

www.takeactionla.com

