National Core Indicators Survey Adult In-Person Survey

FY 2022-2023

Presented to the SG/PRC Board of Directors on April 23, 2025



San Gabriel / Pomona Regional Center

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What is National Core Indicators?

- ► The National Core Indicators (NCI) is a tool that has been used in California since 2010, when the State implemented a nation-wide quality assessment survey (Welfare and Institutions Code -section 4571).
- ▶ The NCI tool:
 - (1) Provided nationally validated, benchmarked, consistent, reliable, and measurable data for DDS' Quality Management System, and
 - (2) Enabled DDS and all regional centers to compare the performance of California's developmental services system against other states' developmental services systems and to assess quality and performance among all of the regional centers.





Trailer Bill Language (TBL) Affecting Statutes of FY 2022-2023

Welfare and institutions code 4571 was amended in 2019 to require regional centers to annually present data collected from the NCI findings.

- Required presentation at a public meeting of the governing board
- Required notice to be posted on regional center's internet website and to be sent to individuals served, families and stakeholders
- Required a report to be sent to DDS 60 days following the meeting regarding implementation of these requirements

National Core Indicators FY 2022-2023

▶ 403 Adult In-Person Surveys were completed.

► The Adult In-Person Survey is conducted face-to-face with an individual who is 18 years or older and receives at least one service from the regional center, in addition to case management.







Demographics 1/3

FY 22/23 NATIONAL CORE INDICATORS	FY 22-23 CA Average	SGPRC
AGE		
Mean	39.5	38.6
AGE RANGE		
18 thru 22	14%	13%
23 thru 34	34%	38%
35 thru 54	30%	30%
55 thru 74	19%	18%
75 and above	3%	1%
GENDER		
Male	59%	60%
Female	41%	40%
Other	0%	0%

FY 22/23 NATIONAL CORE INDICATORS	FY 22-23 CA Average	SGPRC
Family Member's Disabilities		
Intellectual Disability	74%	82%
Mood disorder	2%	0%
Anxiety disorder	3%	0%
Behavior challenges	2%	0%
Psychotic disorder	1%	1%
Other mental illness/psychiatric diagnosis	0%	0%
Autism spectrum disorder	43%	39%
Cerebral palsy (spastic quadriplegia/diplegia)	28%	27%
Brain injury	0%	0%
Seizure disorder and/or neurological problem	33%	38%
Chemical dependency	0%	0%
Down syndrome	2%	4%
Prader-Willi syndrome	0%	0%
Fetal alcohol spectrum disorder (FASD)	0%	0%
Limited or no vision – legally blind	13%	16%
Hearing loss – severe or profound	10%	8%
Other disabilities not listed (not including items listed in BI-13)	0%	0%
No other disabilities other than ID	0%	0%

Demographics 3/3



FY 22/23 NATIONAL CORE INDICATORS	FY 22-23 CA Average	SGPRC
Family Member's Preferred Means of C	ommunication	
Spoken	84%	83%
Gestures/body language	15%	17%
Sign language or finger spelling	0%	0%
Communication aid/device	0%	0%
Other	0%	0%

Ethnicity

FY 22/23 NATIONAL CORE INDICATORS	FY 22-23 CA Average	SGPRC
RACE		
American Indian or Alaska Native	1%	0%
Asian	9%	12%
Black or African American	11%	8%
Pacific Islander	0%	0%
White	41%	25%
Hispanic/Latino	34%	51%
Other race not listed	2%	3%
Two or more races	1%	0%
Don't' Know	1%	1%

Ethnicity

FY 22/23 NATIONAL CORE INDICATORS	FY 22-23 CA Average	SGPRC
RACE		
American Indian or Alaska Native	1%	0%
Asian	9%	12%
Black or African American	11%	8%
Pacific Islander	0%	0%
White	41%	25%
Hispanic/Latino	34%	51%
Other race not listed	2%	3%
Two or more races	1%	0%
Don't' Know	1%	1%

Employment



FY 22/23 NATIONAL CORE INDICATORS	FY 22-23 CA Average	SGPRC
Do you have a paid job in the community?		
No	74%	76%
Yes	21%	19%
Don't know	5%	5%
Are there staff at your job who speak your pref	erred langua	ge?
No	1%	0%
Yes	20%	18%
Sometimes	0%	0%
Not applicable	78%	80%
Don't know	0%	1%

Choice and Decision-Making



FY 22/23 NATIONAL CORE INDICATORS	FY 22-23 CA Average	SGPRC
Who chose the place where you live?		
Someone else chose	43%	54%
Person made the choice	24%	11%
Person had some input	24%	26%
Not applicable	6%	5%
Don't know	4%	3%
Did you choose the people you live with?		
Someone else chose	51%	80%
Person made the choice	26%	8%
Person had some input	14%	4%
Not applicable	6%	5%
Don't know	3%	3%

Satisfaction



FY 22/23 NATIONAL CORE INDICATORS	FY 22-23 CA Average	SGPRC
Do you like your home or where you live?		
No	4%	1%
Yes	89%	93%
In between	6%	5%
Don't know	1%	1%
Would you like to live somewhere else?		
No	54%	64%
Yes	29%	17%
In between	12%	11%
Don't know	6%	8%
When you are at home, do you have enough things you l	ike to do?	
Not enough	5%	4%
Yes, always	78%	79%
Sometimes	12%	13%
Don't know	5%	3%

Satisfaction



FY 22/23 NATIONAL CORE INDICATORS	FY 22-23 CA Average	SGPRC
Do you like your home or where you live?		
No	4%	1%
Yes	89%	93%
In between	6%	5%
Don't know	1%	1%
Would you like to live somewhere else?		
No	54%	64%
Yes	29%	17%
In between	12%	11%
Don't know	6%	8%
When you are at home, do you have enough things you li	ike to do?	
Not enough	5%	4%
Yes, always	78%	79%
Sometimes	12%	13%
Don't know	5%	3%

Service Coordination



FY 22/23 NATIONAL CORE INDICATORS	FY 22-23 CA Average	SGPRC
Have you met or spoken with your case manager/service c	oordinator?	
No	11%	8%
Yes	76%	70%
Maybe	4%	9%
Not applicable	1%	1%
Don't know	8%	12%
Does your case manager/service coordinator know what is	important to y	ou?
No	3%	1%
Yes	67%	57%
Maybe	9%	16%
Not applicable	16%	20%
Don't know	5%	6%

Service Coordination



FY 22/23 NATIONAL CORE INDICATORS	FY 22-23 CA Average	SGPRC
Do you talk with your case manager/service coordinator v	when you want	to?
No	8%	5%
Yes	61%	48%
Sometimes	9%	15%
Not applicable	16%	20%
Don't know	5%	11%
Did you get a copy of your IPP in your preferred language	e?	
No No	6%	9%
Yes	66%	65%
Not applicable	20%	9%
Don't know	8%	17%



FY 22/23 NATIONAL CORE INDICATORS	FY 22-23 CA Average	SGPRC
What is the best way for you to receive information from	the regional cen	iter?
Phone landline	27%	24%
Phone call (cell phone)	49%	40%
Text Message	18%	18%
Email	30%	18%
Information posted on the regional center website	1%	0%
Facebook post	0%	0%
Instagram post	0%	0%
Twitter post	0%	0%
WhatsApp message	0%	0%
Direct mail	42%	27%
Other	15%	24%



FY 22/23 NATIONAL CORE INDICATORS	FY 22-23 CA Average	SGPRC
When was their last dental exam?		
Within the last six months	51%	54%
Within the past year	22%	24%
One year ago or more	24%	19%
Don't know	3%	2%
Overall, how would you describe your health?		
Excellent	17%	22%
Very Good	30%	31%
Good (Fairly Good in FY20-21)	38%	37%
Fair	13%	9%
Poor	2%	1%
Don't know	1%	0%
Does this person have a primary care doctor?		
No	4%	5%
Yes	95%	95%
Don't know	1%	0%
When was his/her last complete annual physical exam?		
In the past year	80%	82%
One year ago or more	17%	15%
Don't know	3%	2%

SG/P	
RC	

FY 22/23	FY 22-23	SGPRC		
NATIONAL CORE INDICATORS	CA Average	SGIRC		
Have you ever gone to a self-advocacy group meeting, conference, or event? Either online or in-person.				
No	72%	73%		
Yes	14%	10%		
Had the opportunity but chose not to participate	7%	4%		
Don't know	6%	13%		
Have you voted in a local, state or federal election?				
No	56%	69%		
Yes	30%	24%		
Had the opportunity to register to vote, but chose not to	11%	5%		
Don't know	3%	2%		
Do you have a place to be alone in your home?				
No	5%	2%		
Yes	88%	90%		
Don't know	7%	9%		
Do you have a key to your home?				
No	47%	62%		
Yes	52%	37%		
Maybe, not sure	0%	0%		
Don't know	0%	0%		



Community Participation

FY 22/23 NATIONAL CORE INDICATORS	FY 22-23 CA Average	SGPRC		
How many times did you go shopping in the past month?				
0 times	15%	16%		
1-2 times	25%	24%		
3-4 times	26%	28%		
5 or more times	33%	32%		
Don't know	1%	0%		
How many times did you go out on errands in the past month?				
0 times	25%	24%		
1-2 times	40%	43%		
3-4 times	18%	20%		
5 or more times	15%	12%		
Don't know	2%	1%		
How many times did you go out to entertainment in the past month?				
0 times	36%	38%		
1-2 times	33%	38%		
3-4 times	15%	15%		
5 or more times	15%	9%		
Don't know	1%	0%		

Next Steps

- ► Report to be submitted to DDS within 60 days that includes:
 - ► Copies of presentation
 - ► Minutes from the meeting
 - ► Attendees' comments
 - ▶ Regional Center recommendations and plans to use the information to address regional center priorities and/or strategic directions to improve specific areas of performance, or both.





Implementing Recommendations



Areas of your greatest concern.

What needs to be prioritized?

How should SG/PRC make the necessary changes?



Thank you for joining us for this National Core Indicator Survey Findings

If you have additional comments you want to share, please contact me through email at sgonzalez@sgprc.org