



The Department of Developmental Services awarded San Gabriel /Pomona Regional Center the following projects as part of the Community Resource Development Plan for Fiscal Year 2024 / 2025

Residential Care Facility for the Elderly – with nursing and behavioral component - SRF (\$150,000)

Based on our needs survey and internal information, there is a need to provide specialized residential services to seniors who not only need increased nursing services, but who could also benefit from a program with a behavioral component. Our existing RCFE's, which are 6 beds or larger have a nursing component, but none have a behavioral component. This is a unique need in our area. We currently do not have sufficient capacity in our area to address this need. This proposal will allow for the selection of a residential service provider to develop services as a level 4I provider, with a nursing component and with an added behavioral service. In addition, this will be a 4 bed home, and our current RCFEs are either 6 beds, 12 beds or 15 beds.

Licensed Behavior Management Day Program with a Nursing / Medical Component (\$200,000)

Based on our needs survey and internal information, there is a need to develop a licensed Behavior Management Day Program that can meet the needs of individuals who require a behavioral program, but who also have nursing / medical needs, including development of health care plans to address medical care issues. This program can be located in our central, western or eastern portion of our catchment area. This program would have a LVN to provide medical care services which may require the development of a health care plan. In addition, a RN Consultant would be needed to provide training to staff and would also be responsible for the preparation of needed health care plans. A BCBA will also be necessary for the development of behavior plans and training of staff. The capacity would be 45, with a minimum of 10 non-ambulatory capacity. The program will also require the development of a transportation component.

Licensed Day Program with a Nursing / Medical Component (\$200,000)

Based on our needs survey and internal information, and a recent closure of a day program, there is a need to develop a licensed day program (with a medical / nursing focus) that will primarily serve adults with significant physical limitations, who primarily require total care and nursing services, and utilize wheelchairs. This Day Program will need to meet the needs of individuals who require a licensed site with nursing / medical needs, including development of health care plans to address medical care issues. This program can be located in our central, western portion of our catchment area. This program would have a LVN to provide medical care. In addition, an RN Consultant would be needed to provide

training to staff and would also be responsible for the preparation of needed health care plans. The capacity would be 45, with a minimum of 20 non-ambulatory capacity.

Adult Residential Facility with a Mental Health Emphasis – SRF (\$200,000)

Based on our needs survey and internal information, there is a need to provide specialized residential services to adults who not only need increased behavioral services, but who could also benefit from a program with a Mental Health component. Our existing ARFs with a behavioral emphasis do not provide a mental health program –instead they rely on a generic resource which is often difficult to navigate. This is a unique need in our area. We currently do not have sufficient capacity in our area to address this need. This proposal will allow for the selection of a residential service provider to develop services with a behavioral and mental health component.

Social Connection Workshop Series for Pre-Teens (\$70,000).

Based on our needs survey and internal information, there is a need to develop a social connection workshop series for pre- teens ages 9 to 12. Social connection is known to improve physical health and mental and emotional well-being. Thus, it is important for pre-teens with developmental disabilities so that they can live a satisfying life. In addition, making connections with others is vital to their social growth. To increase social connections, these pre-teens need to have social skills and opportunities to make these connections and some of our pre-teens have limited opportunities to socialize and make connections. The workshop series will cover various topics that will improve social skills and assist these pre-teens in enhancing social connectedness and learn to cope with the changes they are experiencing. Through learning social skills, these pre- teens can learn how to maintain relationships with family and friends. These workshops will explore topics such as: positive body image, conflict resolution, problem solving, safe social media usage, boundary setting, self-regulation, building /maintaining relationships, and bullying. There will also be a parent component.

Drowning Prevention Campaign (\$50,000)

Drowning is a leading cause of death in childhood, especially for children 1 to 4 years of age, and a top cause of death among teens. Drowning risks and prevention measures change as children grow, but at all ages, multiple layers of prevention are needed. For our system, we want to prevent children from entering our system because of drowning accidents. We can lower these rates if we could roll out a campaign to assist communities to implement the types of solutions that will keep children safe. We would like to select provider (s) to assist with this campaign.

Affordable Housing Digital Site/ Tool (\$200,000)

Based on our needs survey there is a need to develop resources in the affordable housing arena. For SG/PRC we are seeking the development of digital tools or site to assist with the following: **Housing Lottery System**: A digital system for managing housing applications and conducting lotteries. This system will enable application submission and selection of tenants. Currently we have a Multi-family unit in development. **Navigation site** : A public-facing site to provide housing resources and information, as well as resource guides for our staff. It can also serve as an internal resource navigation tool so that staff can find resources to help individuals and families with their housing and related needs. **Housing Census**: A system to track and manage open units across SGPRC facilities and assign individuals served to available units.

Aging Caregiver Workshop Series (\$80,000)

Based on the needs of our aging population and caregivers, we are in need of a workshop series for these families / caregivers—not just for their family member who are individuals we support but for themselves as well. We want to encourage planning for the future. These are some training topics we want to cover:

- Living Options
- Affordable Housing
- Supported Decision Making
- Special Needs Trust
- Conservatorships
- Cal ABLE
- Advanced Directives