



## EARLY START PROGRAM



# “Understanding the Importance of Social-Emotional Development”

### SOCIAL EMOTIONAL



A **FREE** special training on how social interaction, emotional awareness and how self-regulation play a key role in a child’s development.

This training will also focus on evidenced based initiative called “Strengthening Families Framework”

Social and emotional development describes the ability to experience and express feelings, form relationships, and explores the world. More importantly, social emotional development is the foundation for all other learning and development throughout life.

### **GUEST SPEAKER:**

**Lujuana Blackman, M.A**  
**Director of Carousel**  
**Developmental Services**

Mrs. Blackman specializes in the Development of Infant/Children (Birth to 8 years old) and is an Inclusion Specialist since 1986.

She Adjunct Professor at Chaffey College, University of La Verne and Mt. San Jacinto College

### **DATE:**

Saturday, February 2, 2019  
9:00 a.m.-12:00 p.m.

### **LOCATION:**

75 Rancho Camino Drive  
Pomona, CA 91766  
Assembly Rooms A & B

**TAKE A MINUTE... Relationships MATTER!**

**YOU are the most important person in your child's life!** That is why the relationship between you and your child is an important focus of early intervention. Early Start services are designed to empower YOU so that you can better address your child's unique needs. Your service providers will provide ideas and support so that you can help your child learn the skills that YOU think are most important!

Social and emotional development describes the ability to experience and express feelings, form relationships, and explore the world. Social and emotional development is the foundation for all other learning and development throughout life. This is true for all children, including those with disabilities and delays. All families, with support, can help their child learn how to make friends, show strong emotions in healthy ways, and handle conflicts peacefully. These are examples of social and emotional skills. Your relationship with your child matters because positive relationships change your child's brain for the better. Every single day, everywhere you are, positive parent/child interactions help strengthen your bond, giving your child what they need to learn and grow.

When your child feels safe, secure, nurtured, and loved, they grow and learn!

We understand that parenting is not always easy! Parents with young children who have delays or disabilities may need extra support. Behavior, communication and physical challenges can make parenting especially difficult. Your Early Start team is here to help you! You can strengthen the bond and connection you have with your child every day, during your daily routines. We will help you learn how!

Take a minute to play, sing, read and laugh with your child.

For more information on social and emotional development, watch this video at: <http://earlystartneighborhood.ning.com/sisp-resources/TA&MVideo>

**Translation is available in Spanish and Mandarin Chinese. At the time of registration, please indicate the need for translation with at least two (2) weeks' notice.**

**Registration is REQUIRED.**

To register, please contact **Monica Barrios, Early Start Compliance Specialist** at 909-764-5453 or by clicking below



To Learn more about “Take a Minute” Relationships MATTER, please [click here](#)