

INDEPENDENT LIVING SERVICES

Independent living services is a curriculum-based training service designed to provide instruction to develop and/or maintain functional skills necessary to increase independence within the family home and/or in the community. Service participants receive training and support in a natural setting to acquire the necessary skills to achieve greater independence. ILS can provide training to individuals who do not have legal and financial control over their residence. All service participants must be at least 18 years of age. As outlined in § 56742 (b)(3), training can be provided in the following areas:

- (A) Cooking;
- (B) Cleaning;
- (C) Shopping in natural environments;
- (D) Menu planning;
- (E) Meal preparation;
- (F) Money management, including check cashing and purchasing activities;
- (G) Use of public transportation in natural environments;
- (H) Personal health and hygiene;
- (I) Self-advocacy training;
- (J) Independent recreation and participation in natural environments;
- (K) Use of medical and dental services, as well as other community resources;
- (L) Community resource awareness such as police, fire, or emergency help; and
- (M) Home and community safety.

Independent living programs may also, or in lieu of the training specified above, provide the supports necessary for a consumer to maintain a self-sustaining, independent living situation in the community.

The purpose of such services is to help individuals learn, acquire, and maintain skills to enable them to do things as independently as possible and be full participants in community life.

The regional center may purchase independent living training if the following criteria are met:

1. The adult understands the goals and expectations of the services,
2. The adult expresses a willingness to participate, and
3. The IPP team agrees the training will help the individual to meet the goals set forth in the IPP.

The type of training services and the number of hours per month, is determined by the individual needs and choices based on existing skills and those areas the individual would like to improve. These services

shall specify a course of intervention for skill acquisition. Such authorizations should be reviewed every six (6) months through the Planning Team, and the total cost of training per month should be comparable to other day programs. Some individuals may require additional training in independent living skills to enable them to move to an independent living arrangement.

All services are intended to address targeted goals. In accordance with § 4648 (a)(8), ILS should not be used to replace or supplant any other generic resource legally responsible to provide services to the general public. SG/PRC will not authorize funding for the purchase of any independent living support and/or service that is considered experimental, optional, or elective in nature. The expected result from the provision of any independent living support, service, or combination of supports and services is to lead to the development of measurable outcomes as outlined in the individual's Individual Program Plan.

Exceptions to a Service Policy may be granted by the San Gabriel/Pomona Regional Center Executive Director, or designee.