



Applicant's Conference

**Request for Proposals  
for  
Intensive Transitional Services**

San Gabriel/Pomona Regional Center  
Alta California Regional Center

May 21, 2018

# Background

- In May 2017, the Department of Developmental Services (DDS), published a Plan for Crisis and Other Safety Net Services in the California Developmental Services system.
- Proposed new service options to broaden the continuum of services to support individuals with the most challenging service needs, using person centered thinking and with a focus on cultural competence.
- The Plan includes the development of intensive transition services (to be provided through a contract with a private organization through this RFP) for those individuals transitioning from Institutions for Mental Diseases (IMD's) into alternative community settings.

# Need

Currently there are approximately 70 individuals within the DDS regional center system residing within an IMD and we also have other individuals who are at risk of being placed in an IMD.

SG/PRC & ACRC have joint efforts in soliciting proposals to provide support-focused efforts on transitioning between 20-25 individuals per year from IMD's into alternative community settings or to support those who are at risk of being placed in an IMD.

The goal of this project, is to obtain statewide consultation, assessment, training and evaluation services from a nationally recognized Contractor.

# Development Options / Funds

Service	Funds	Service Area	Office Location
Intensive Transition Services	\$1.5 million	Northern CA to include Far Northern, Redwood Coast, North Bay, East Bay, Golden Gate, San Andreas, Central Valley, Kern, Valley Mountain & ACRC	1 office within catchment area of ACRC
Intensive Transition Services	\$1.5 million	Southern CA to include San Diego, Inland, Orange County, Eastern Los Angeles, South Central Los Angeles, North Los Angeles County, Westside, Harbor, Frank D. Lanterman , SG/PRC and Tri Counties.	1 office within catchment area of SG/PRC
Intensive Transition Services	\$3 million	Serves both Northern and Southern California	2 offices - ACRC & SG/PRC

**Note:** A percentage of the funds will be allocated to start-up for the service and the remaining amount will be used for provision of the actual intensive transition service.

# Target Population

- Adults and minors with developmental disabilities who may have co-occurring chronic medical, behavioral and/or psychiatric conditions, as well as judicial involvement who currently are at an Institution for Mental Diseases (IMD) and are moving into an alternative community setting or individuals who are at risk of placement in an IMD.
- Individuals at the IMD's who will be served by the selected provider have been identified as being a danger to self and others and are committed to an IMD under section 6500 of the Welfare & Institutions Code, conservator commitment, or voluntary admission.

# Challenges related to the developmental disability and/or the mental health condition

- Aggression to self/others
- Elopement
- Depression
- Self harming behaviors
- Property destruction
- Stealing
- False Allegations
- High Anxiety
- Transition Difficulties
- Tantrums
- Impulsivity
- Panic/Anxiety Attacks
- Phobias
- Deceitfulness/theft
- Physical/Verbal Aggression
- Fire Setting
- Restrictiveness
- Maladaptive Sexual Behavior
- Disruptive Social Behaviors
- PICA

# Currently Residing at IMD's

- 70 individuals
- Individuals with mild to moderate range of intellectual disability, have been determined to be a danger to themselves or others and require a secure setting for stabilization
- Ratio of males to females is 7:3
- Adults (average age in 30's) & Minors (typical age 11-17)
- Approximately 20% are diagnosed with Autistic Spectrum Disorder
- Approximately 2/3 of individuals are diagnosed with a mental health diagnosis
- Some individuals have chronic medical conditions
- Some individuals have conditions related to substance abuse
- Some individuals may have judicial involvement

# Scope of Service

- Intensive transition services include, but are not limited to:
  - Conducting risk assessments
  - Assisting with or conducting comprehensive Person Centered Plans
  - Consulting with planning teams and interdisciplinary teams
  - Training and evaluation before, during and after transition from an IMD into the community as per the IPP
  - Treating individuals with complex needs during the transition period as per the IPP
  - Training and supporting community service providers
  - Assisting with the development of community resources for medical and psychiatric services



# Scope of Service - continued

- Key personnel and consultants with expertise and experience in the following areas:
  - Individuals with developmental disabilities and/or mental illness
  - Forensics
  - Risk Assessments
  - Person centered thinking and planning
  - Positive behavior supports
  - Trauma informed care
  - Cultural and linguistic sensitivity
  - Transition planning
  - Nursing and psychiatric services

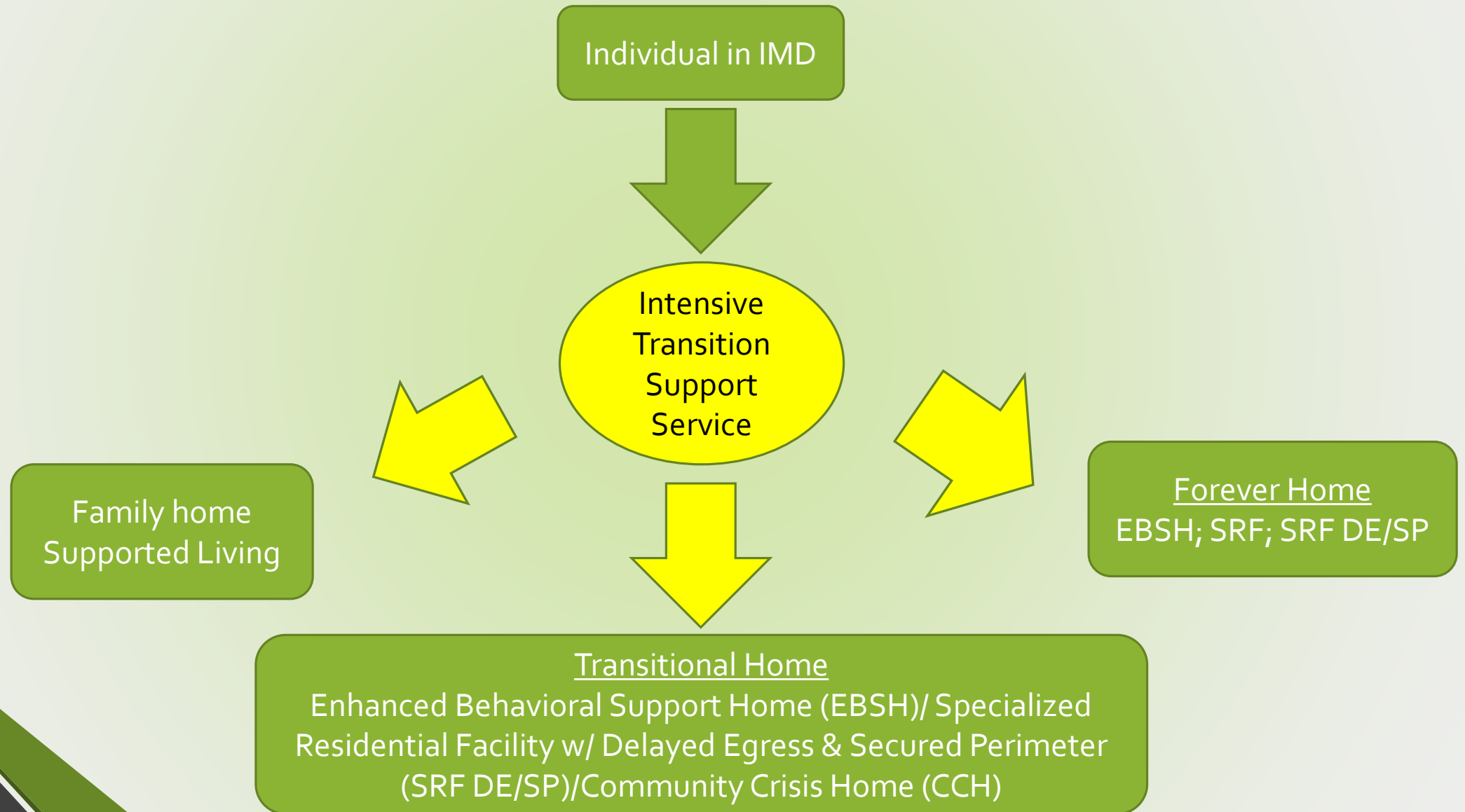
# Scope of Service - continued

- Will provide a wide range of skilled clinical disciplines with expertise in meeting the needs of the target population.
- The clinicians can be employed or subcontracted but they must be able to ensure timely implementation of the agreed upon service/supports within any part of the state of California.
- Services will be provided as needed by the individual, which can include provision of services 24 hours a day, 7 days a week
- Must be available to respond to emergency contacts within a half hour and be available if necessary to be on-site with the client as soon as practical, but no later than within the following two calendar days of the request.
- Will maintain a 24 hour phone line for emergency contact and keep SG/PRC, ACRC and other user regional center informed of any changes to that number.
- Will participate in monthly meetings with SG/PRC and ACRC- or more often, as requested by the regional centers- to discuss coordination of services delivered.
- Must provide quarterly data to SG/PRC, ACRC, and DDS on the types of services delivered to and outcomes for individuals served . This starts within 45 days of signed contract.

# Scope of Service- continued

- Provide feedback to regional centers and DDS regarding services that need to be developed to support the individuals and public's health and safety
- Will collaborate and communicate with an array of organizations and individuals including but not limited to: individuals with developmental disabilities, their families, conservators, other legally authorized representatives, regional centers, DDS, courts, client rights advocates, local law enforcement, community service providers.
- Services will be delivered throughout California according to the location of the IMD where the individual is residing and the identified location where they will be transitioning to.

# Service Delivery



# Other Relevant Information

- All referrals for the intensive transition service will be screened by SG/PRC (for the south) and ACRC (for the north).
- A service design will be developed within 90 days of signed contract.

# Legislative Mandates

- California Welfare & Institutions Code section 4512 (a)
- Welfare & Institutions Code section 4648 et seq
- Welfare & Institution code section 6500 et seq (judicial commitments of persons with developmental disabilities)
- Centers for Medicare & Medicaid Services regulation for Home and Community-Based Services (42 CFR Parts 430, 431,442 et seq.)
- Federal Health Insurance Portability and Accountability Act (HIPPA) requirements
- US Department of Justice Civil Rights of Institutionalized Persons Act (CRIPA)
- California Health and Safety Code and California Code of Regulations (CCR), title 22, provisions on individual rights in licensed facilities, including Health and Safety Code Division 1.5, Use of Seclusion and Behavioral Restraints in Facilities, and Division 2 Licensing Provisions
- Department of Developmental Services regulations (Title 17, Division 2), including provisions on clients' rights (Chapter 1, Subchapter 5)
- California laws related to mandated reporters, including the Elder Abuse and Dependent Adult Civil Protection Act
- Federal and State anti-discrimination laws, including the American with Disabilities Act (ADA), and California Government Code section 11135 et seq.

# Timeline

Dates	Activities
May 10, 2018	Request for proposals release
May 21, 2018	Applicant's conference
June 4, 2018	Deadline for receipt of proposals
June 4 <sup>th</sup> through June 11 <sup>th</sup>	Evaluation of proposals by selection committee
June 11 <sup>th</sup> through June 15	Interviews with highest-ranking applicants (if applicable)
June 18, 2018	Notice of selection mailed to applicants
June 29, 2018	Start-up contract signed
July 30, 2018	Notification of project award posted on SG/PRC website

# Start-up Funds and On-going Funding

- The total funds available for this project include allocating a percentage of the funds to start-up and using the remaining amount for ongoing service.
  - For example the applicant may determine that they require \$200k for start-up expenses (i.e. securing an office, staff, etc.) and the remaining amount of funds (\$1.3 million) would then be used to start providing the service
- After initial funds are used up, then the ongoing rate per individual being supported will be calculated by using the “Individual Costs Associated with Transition” sheet (attachment F).



# Inquiries

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*Thank You  
For  
Participating*