

Aging and Developmental Disabilities

A Two-Part Training Session designed for
Adult Residential Facility (ARF) Vendors/Administrators

Presented by: **Laura Brackin, Ph.D. & Nancy Robertson, M.A.**

April 27, 2018

9:00 a.m. to 2:00 p.m.

PART ONE:

Four (4) mini courses on the following topics:

- Overview of the aging process for individuals with developmental disabilities
- Introduction to dementia
- Preventing falls, and
- Wellness strategies for healthy aging.

PART TWO:

- Strategies and resources for trainers to train other staff.

Learning Objectives (for all four mini courses):

- Identify common concerns of persons who are aging
- Identify challenges for persons with a developmental disability who are aging
- Identify desired outcomes for persons with a developmental disability who are aging, and
- Identify available resources for individuals with developmental disabilities
- Identify the early warning signs of dementia
- Identify the stages of dementia and actions for each stage
- And identify guidelines for supporting individuals with a developmental disability who have dementia
- Identify some of the risk factors for falling
- Identify three ways to reduce and prevent falls
- Identify the steps for documenting falls
- Identify your role in promoting health and wellness
- Identify strategies to promote healthy habits
- Identify resources for health education
- And identify importance of regular health screenings

This training is brought to you by **San Gabriel/Pomona Regional Center**
in conjunction with **Sunnyside Enterprises** in partnership with **Bracken & Associates**



Please note: Space is limited to the first 30 participants.

The training will be held at the **West Covina Public Library**
1601 West Covina Pkwy, West Covina, CA 91790

Individuals **MUST** register **ONLINE** in order to receive CEUs.

To register for this **FREE** training:

<http://sgprcprovider.arcalearn.org/Login/Login.aspx>

A certificate of two (2) hours course completion will be available to print online
once attendance and completion of course session has been verified.

For more information, please contact **Tammy Shindy**
at (714) 351-1012 or email at tshindy@yahoo.com

