



Parent Mentor Initiative (PMI)

At SG/PRC we understand that becoming familiar with the regional center and learning to cope with your child's developmental disability can be a challenging - even overwhelming - experience for you and your family. We also know that support and information which is provided by another parent can be very helpful. SG/PRC and Alma Family Services are partners in offering parents support through the Parent Mentor Initiative.

How To Enroll

If you would like to be referred to the Parent Mentor Initiative, please contact your SG/PRC Service Coordinator at:

SG/PRC

**75 Rancho Camino Dr.
Pomona, CA 91766
(909) 620-7722**



For additional information you may also call:

*Alma Family Services
and speak with*

**Cristal Divas-Guerrero
(626) 455-4799**

cristaldivas@almafamilyservices.org

OR

**Xochitl Gonzalez
SG/PRC Community
Outreach Specialist
(909) 868-7738**

xgonzalez@sgprc.org

How PMI Works : Alma Family Services will carefully match each parent with a Parent Mentor who can meet your family's unique needs to improve access to SG/PRC Services, generic and/or community resources. Parent Mentors have been trained to listen, answer questions, share information and provide support to improve the coordination of services for your child. Like you, they are parents themselves that understand your unique challenges.

Parent Mentors Can Help You With-

- Increasing your knowledge of Regional Center, generic and/or community resources & how they can assist your family
- Helping you to identify how to increase the utilization of services and resources
- Helping you to better understand the role of the service coordinator to strengthen support and overall advocacy
- Preparing for the Individual Program Planning (IPP) meeting
- Learning record-keeping strategies
- Helping with future planning as it relates to family dynamics/life stages/transitions
- Assisting you to develop healthy support systems
- Helping you to more effectively communicate your family member's needed services and supports